



ULTIMATE PERSPECTIVE

FROM THE ULTIMATE PERSPECTIVE

**“EVERYTHING IS LOVELY
AND BEAUTIFUL”**

**THE ORIGINAL PURE FORM
DIALOGUES OF ROBERT ADAMS**

** Designates student requested references of precise clarification per Roberts previous explanations in order to assist those unfamiliar with his previous Teaching on primary Topics within each Discourse.*

Good Evening! Welcome! I welcome you with all my heart. Most people are home, watching the presidential debates. We ought to have 'Jnani' ('Advaita Vedanta') debates, Whoever shows up, loses of course. (Laughter)

If only people understood the first Principle of Self Realization, which is simply this; whatever is destined to happen is going to 'happen' no matter how you try to stop it. And whatever is destined not to happen, will never happen, no matter how much you try to make it happen.

YOUR DESTINY HAS BEEN PLANNED FOR YOU

Would not it be wonderful if the politicians understood this Truth? There would be absolutely nothing to worry about, no-thing to

fear, no-thing to 'conquer', no-thing to 'win', no-thing to lose. Everything is Unfolding the way it should. Everything is in its right place. There are no mistakes.

EVERYTHING IS LOVELY AND BEAUTIFUL

Just the way it is, If you can only understand this in your own personal life! What you are supposed to go through, in this experience, in this incarnation, has already been planned for you before you came into this body. Yet, 'you' have absolutely nothing to do with it, because you are not the body.

As long as you think that 'you' are a body, you think that you are somebody, somebody 'important'. Or, you think that you are a 'failure'. Whatever you think about yourself.

If you would only turn within, and see the one SELF, then you would never worry about what is going to happen to you at all. For you would realize, there is no 'you'

("When I say 'you' I am referring to limiting yourself to being just a human body.") for anything to happen to.*

SELF OBSERVATION: HOW MANY TIMES
DID YOU BECOME ANGRY TODAY?

"YOU" are Total Freedom right now.

("Never believe that the human 'you' is the real 'YOU' .") Total Liberation, complete Awareness. Yet, you do not believe me. You still feel inclined to be a body, a doer. Think of the experiences that you went through today, and see if you do not believe that you are a 'doer'.*

How many times did you become angry today? How many times did you feel slighted today? How many times did you feel fear, or that some-thing is wrong somewhere, or that you are not in your right place?

This shows you that you believe that 'you' are a body. And as long as you believe that you are a body, why not just let go, and stop fretting and worrying about your body?

THE POWER THAT KNOWS THE WAY
WILL TAKE CARE OF YOU. HAVE FAITH

The ONE who makes the sun shine, the grass grow, the apples grow perfectly on apple trees. The food that sustains us, nourishes us. Everything has been lovingly provided for us.

HAVE FAITH.

TRUST THE POWER THAT KNOWS THE WAY.

This is a first step. To have Total Faith and Total trust in The Infinite, the ONE. You may call this God, if you want to. For it makes no difference what you call it. It is within

you. IT is everywhere. All you have to do is Surrender to it. Surrender all your doubts, your frustrations, your fears, everything that has besieged you for so long. Give it all up. Does not belong to you. Be free of it.

When are 'you', and what will you always be? Silence. There is no answer for that. For the mind can never comprehend the Unknown, the Transcendental, The SELF. The 'mind' can never know these things. The mind only knows itself as a body, as a doer.

ENTER TOTAL BLISS PEACE AND HARMONY

Therefore, you have to transcend the mind, transcend the thoughts, transcend the universe, and enter the Silence, where there is Total Bliss, Peace and Harmony.

Actually, the only Freedom that you have, is not to react to conditions, and to turn within to see the Truth. Everything else is preordained. Whatever appears in your life is destined to be. It is your reaction to what appears that matters to you, to what is going to happen next.

It is your reaction to life's experiences that comes to you, which determines what is going to happen to you next, by the way you respond to it, by the way you react to it.

Do not be in conflict with your thoughts and the SELF. When there is no conflict, there are not thoughts.

Thoughts only appear because there is conflict.

By 'conflicts' I mean, you are worrying

about getting rid of your thoughts. You are doing 'sadhana', 'pranayamas', (ancient traditional means of experiencing divinity, SELF) meditations in causing conflict for are you not saying, "I" am doing these things, to 'become' liberated? "I" am doing these things to become Free?

These are the conflicts because "YOU" are already Free, liberated, therefore, when you give yourself the information that 'you' have to do something to 'become' liberated, there is immediately conflict, this is the only problem you have.

It is your conflict. (* "Do not misunderstand me. As those of you know who have been coming here for some time, I am not saying do not do these things. For the pull of the world is very strong, and these things are powerful. I am simply saying, know in your heart, that the real "YOU" is eternal, Unchanging, always in Bliss Consciousness.

However, while you are in a body on this earth, you want to actually experience this, as Reality.")

YOU DO NOT HAVE TO SUFFER

And this 'conflict' comes from programming. When you were a child, from samskaras, from previous existences. Things that you took with you, the habits that are inside of you, that you believe you are.

This is where the conflict comes from. For it tells you, "I am just a human being! I am just a frail body. I have to suffer sometimes, sometimes I have to be happy." This is all a lie for there never was a you that has to

suffer, there never was a 'you'

(* "There was never a you that is separate from The Supernal.") that has to be happy, there is no one in 'you' who 'needs' to be happy, there is no one in you who needs to be miserable, both imposters.

So every time you try to 'exchange' negative conditioning for positive conditioning you are causing conflict. This is the reason that psychiatry and psychology doesn't 'work', because they are trying to make 'you' normal. Who wants to be 'normal'?

For The Truth is, do not wish to be anything. There is no-thing you wish to be. (* Robert: "You do not have to 'become' happy, for happiness is your True Nature! It is the substratum of your existence. Feel this Now.") There is no-thing "YOU" have to become. There is no future for you' to become anything. Right this moment, "YOU" are the One.

THE TRUE SELF WITHIN REMAINS FREE

And there never was another. Right this moment, "YOU" are totally Free, without thinking a thought, without trying to make anything happen. Why not awaken to this Truth?

Why not awaken to the fact that there is no-'thing' that YOU (the SELF) have to 'become'? (Discourse concludes.)

Q: Is the 'Self' within, 'heaven' within?

R: "The Kingdom of Heaven is within you."