



ROBERT ADAMS ON THE BEAUTY OF THE DEVOTED HEART IN WORSHIP

In this segment Robert utilizes the word Bhakti, as he often spoke to teachers and families from this tradition. The word Bhakti defines the pure hearted prayer and worship of all religious paths from the catholic devotion to Mary to the devotion of the Vedic traditions who worship in practices with candles, singing, and "great Heart"

Excerpt from the Silence of the Heart book

MANY JNANIS DID BHAKTI- LOVING DEVOTION

I Speak on Many Levels: Many 'Jnanis' Did Bhakti. I realize that many of you are 'bhaktas' and I am taking away your enjoyment, taking away your God that you worship be it in the form of Buddha, Krishna, Jesus, Moses, whomever you like to worship. But I speak at many levels. As far as a Jnani is concerned, it is virtually impossible for a God to exist separate from your SELF. But yet, such people as Nisargadatta Maharaj, Bhagavan Ramana Maharishi, and many other Jnanis did Bhakti! Ramana used to pray to Shiva in the form of Arunchala. Nisargadatta also prayed to Shiva.

WORSHIPPING GOD MAKES YOU PURE

Student: Robert, do you think that worshipping God, or believing in God impedes realization?

Robert: On the contrary, worshipping God makes you pure. It makes you pure enough so that you can follow the "I" back to the Source. Whereas, if you did not worship God, you would just know everything intellectually, and you would have a hard heart. Worshipping God softens you up, makes you mellow, causes you to become One Pointed, and lifts you higher. So, by all means, worshipping God is good. But, what kind of God will you worship?

WORSHIPPING GOD IN THE FORM OF A SAT GURU, OR IN THE FORM OF A BUDDHA, OR A CHRIST, WHATEVER, IS EVEN BETTER

Student: Why so?

Robert: For if you worship God without form, the energy is not as strong. For what kind of a God are you worshipping? An invisible God that has no form, no shape Therefore, you have doubts. You are not too sure. And, the energy you send out is not that strong. But when you worship God as form, you can give that God all of your energy or totally surrender to that particular deity. That is the purpose of

worship. To finally, totally, surrender your ego, your pride, your body, your affairs, your life, to that deity. And then, 'YOU' become that deity itself.

Student: Is it better, Robert, to focus on one form?

Robert: Yes, of course. For you become one-pointed. It causes your mind to become one-pointed. And then your mind becomes your servant. And finally the mind disappears. It's like the sun. When the sun spreads its rays all over the place, it is not as powerful as if one ray of the sun moved to a certain place. A fire would start. That is how powerful it is. But, when the sun dissipates its rays, they are not as powerful. In the same way, when you worship many deities, you dissipate your energy, and the worship is not as powerful.

ON THE NEED TO WORSHIP JUST ONE PERSONAL GOD

Student: Even if you think of them as more or less representative of the same consciousness?

Robert: That is hard to do. You can't worship Buddha and Christ, and Muhammad, and Krishna at the same time.

Student: I thought you could, in the sense of them all being the Christ Consciousness.

Robert: So how will you worship them? How will you do that?

Student: As a unit.

Robert: How can you do it? What will you think of?

Student: The underlying consciousness that they all represent.

Robert: If you can do that, that's good, that's wonderful. But I still think you'll think of each one and dissipate your energy. Whereas, if you have one, they will eventually all merge into Oneness. In other words, if you worship Krishna correctly eventually Buddha, Christ, Shiva, everyone will become Krishna. So, it is better in the beginning to worship one. Then the whole universe will become that One.



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